

INJURY AND VIOLENCE PREVENTION RESOURCE GUIDE

Injury and Violence Prevention Resources

The following list of online resources may be helpful in searching for evidence-based interventions and other information related to injury and violence prevention.

ADULT FALLS

CDC Compendium of Fall Interventions

cdc.gov/homeandrecreationalafety/pdf/falls/cdc_falls_compendium-2015-a.pdf

2015 report presenting an overview of the evidence base for over 40 fall interventions for community-dwelling older adults.

Fall Prevention Center of Excellence

stopfalls.org

Website providing general information, best practices, and other resources related to fall prevention.

National Council on Aging Falls Prevention Resource Center

ncoa.org/center-for-healthy-aging/falls-resource-center

Website providing access to fact sheets, prevention tools, webinars, and other resources related to fall prevention.

Preventing Falls: A Guide to Implementing Effective Community-Based Fall Prevention Programs

cdc.gov/homeandrecreationalafety/pdf/falls/fallpreventionguide-2015-a.pdf

Centers for Disease Control and Prevention guide providing information to assist community-based organizations in choosing and implementing effective fall prevention programs.

CHILD MALTREATMENT

Addressing Common Forms of Child Maltreatment: Evidence-Informed Interventions and Gaps in Current Knowledge

onlinelibrary.wiley.com/doi/10.1111/cfs.12021/epdf

Article from Casey Family Programs reviewing child maltreatment interventions. Programs are designated as well-supported, supported, and promising according to their existing level of research evidence.

California Evidence-Based Clearinghouse for Child Welfare Program Registry

cebc4cw.org/home

Searchable database of child welfare programs that includes definitions, implementation requirements, and research evidence.

Essentials for Childhood Framework

cdc.gov/violenceprevention/pdf/essentials_for_childhood_framework.pdf

Centers for Disease Control and Prevention guide outlining community-based strategies to promote healthy childhood environments and prevent child maltreatment.

DROWNING

A Community-Based Approach to Preventing Childhood Drowning

seattlechildrens.org/classes-community/community-programs/drowning-prevention/community

Recommendations for community-based prevention initiatives from the Washington State Drowning Prevention Project.

Model Aquatic Health Code (MAHC)

cdc.gov/healthywater/swimming/pools/mahc/index.html

Centers for Disease Control and Prevention guide based on research and best practices intended to help local and state authorities promote safety in swimming and other water activities.

WHO Global Report on Drowning

who.int/violence_injury_prevention/global_report_drowning/en

2014 report highlighting the global public health impact of drowning, and outlining recommendations for community-based prevention, policies and legislation, and research.

DRUG OVERDOSE

Harm Reduction Coalition Tools and Best Practices

harmreduction.org/issues/overdose-prevention/tools-best-practices

Webpage providing links to best practice documents, educational materials, and other resources for overdose prevention programs.

Interagency Guideline on Prescribing Opioids for Pain

agencymeddirectors.wa.gov/Files/2015AMDGOpioidGuideline.pdf

Guide from the Washington State Agency Medical Directors' Group targeted at clinicians who care for people with pain.

SAMHSA Opioid Overdose Toolkit

store.samhsa.gov/shin/content/SMA13-4742/Overdose_Toolkit_2014_Jan.pdf

2014 document describing community-wide strategies to prevent opioid overdose, as well as, information for first-responders, prescribers, and community-members.

StopOverdose.org

stopoverdose.org

Website providing information on opioid overdose, research on Washington State's 911 Good Samaritan Law, and links to additional resources.

FIREARM INJURY AND VIOLENCE

Guns, Public Health, and Mental Illness: An Evidence-Based Approach to State Policy

jhsph.edu/research/centers-and-institutes/johns-hopkins-center-for-gun-policy-and-research/publications/GPHMI-State.pdf

2013 report from the Consortium for Risk-Based Firearm Policy that clarifies common misunderstandings of the relationship between gun violence and mental health, and outlines recommendations for state policies.

Gun Violence: Prediction, Prevention and Policy

apa.org/pubs/info/reports/gun-violence-report.pdf

2013 report from the American Psychological Association discussing the antecedents to gun violence and evidence-based prevention strategies at the individual, community, and policy-levels.

National Institute of Justice Gun Violence Prevention

nij.gov/topics/crime/gun-violence/prevention

Review of evidence for existing programs and strategies to prevent gun violence.

MOTOR VEHICLE AND PEDESTRIAN SAFETY

Countermeasures That Work: A Highway Safety Countermeasure Guide for State Highway Safety Offices

iprc.unc.edu/countermeasures-that-work-a-highway-safety-countermeasure-guide-for-state-highway-safety-offices

2013 report outlining evidence-based traffic safety countermeasures, including recommendations for community-outreach initiatives.

National Highway Traffic Safety Administration

nhtsa.gov

Website providing recommendations, research, and information about laws and regulations related to motor vehicle safety.

Pedestrian Injury Prevention Portal

safestates.org/?PedSafety

Portal providing access to a variety of tools and resources related to pedestrian injury prevention and safety.

Washington Traffic Safety Commission

wtsc.wa.gov

Website with information about Washington State's traffic safety programs and priorities, research and data, and links to other resources.

SEXUAL VIOLENCE

Systematic Review of Primary Prevention Strategies for Sexual Violence Perpetration

sciencedirect.com/science/article/pii/S1359178914000536

Review conducted by the Centers for Disease Control and Prevention Injury Center examining 140 outcome evaluations of primary prevention strategies for sexual violence perpetration.

Washington Coalition of Sexual Assault Programs

wcsap.org

Website providing information, trainings, and resources on sexual violence response and prevention.

SUICIDE

Action Alliance for Suicide Prevention Resources

actionallianceforsuicideprevention.org/resources

Webpage providing links to factsheets, prevention guides, and other resources for suicide prevention.

Suicide Prevention Resource Center

sprc.org

Website providing suicide prevention best practices, toolkits, and other resources for social service professionals, health care providers, states and communities, and colleges and universities.

SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP)

nrepp.samhsa.gov

Searchable database of evidence-based mental health and substance abuse interventions. There are 33 suicide-related interventions that can be accessed by typing "suicide" in the search box.

TRAUMATIC BRAIN INJURY

Association of State and Territorial Health Officials (ASTHO) Resources

astho.org/Programs/Prevention/Injury-and-Violence-Prevention/Preventing-Traumatic-Brain-Injury/Preventing-Traumatic-Brain-Injuries

Webpage providing links to traumatic brain injury factsheets and prevention guides for different populations.

Federal TBI Program Resources

mchb.hrsa.gov/programs/traumaticbraininjury/resources.html

Health Resource and Services Administration webpage providing links to publications, archived webinars, and external resources related to traumatic brain injury.

HEADS UP

cdc.gov/HEADSUP

Centers for Disease Control and Prevention webpage providing information and tools directed at parents, schools, sports coaches, and health care providers to help prevent, respond to, and minimize the risk of traumatic brain injury.

YOUTH VIOLENCE

Blueprints for Healthy Youth Development

blueprintsprograms.com

Searchable database of evidence-based programs and strategies that promote positive youth development; users can search by targeted program outcomes, including bullying and violent behavior.

National Institute of Justice's CrimeSolutions.gov

crimesolutions.gov/TopicDetails.aspx?ID=5

Review of programs aimed at reducing youth violence and other related problems.

Striving to Reduce Youth Violence Everywhere (STRYVE)

vetoviolence.cdc.gov/apps/stryve

Centers for Disease Control and Prevention website that includes trainings, resources, and a strategy-selector tool to promote youth violence prevention.

Youth Violence Prevention Policy Portal

safestatespprd.flywheelsites.com

Searchable database of policy-related materials to prevent youth violence. The portal is searchable by topic area, keyword, organization, and type of resource.

GENERAL INJURY AND VIOLENCE PREVENTION**National Center for Injury Prevention and Control**

These Centers for Disease Control and Prevention webpages provide an extensive overview of injury and violence prevention definitions, data sources, programs, policies, and trainings.

National Center for Injury Prevention and Control

cdc.gov/injury

Division of Violence Prevention

cdc.gov/violenceprevention/overview

Safe States Alliance

safestates.org

Website providing injury and violence prevention reports, tools, and trainings.

The Community Guide

thecommunityguide.org

Information about prevention programs can be accessed by clicking the links under "Topics" on the homepage. The Community Guide Toolbox (found under "Use the Community Guide" on the homepage) includes a collection of materials to help users plan and carry out evidence-based public health strategies, such as case studies, fact sheets, evaluations, and templates.

Trainings and Webinars

The following resources provide access to trainings and educational tools related to injury and violence prevention.

Dialogue4Health Resource Library

dialogue4health.org/resource-library

A series of violence prevention-related presentations can be accessed by selecting “Violence Prevention” under “Category.”

Examining Local Public Health Investment and Activities in Violence & Injury Prevention

connect.uky.edu/p166jxxz694

Recorded webinar, aired 5/13/2015, from the PHSSR National Coordinating Center

Johns Hopkins Center for Injury Research and Policy Summer Institute

jhsph.edu/research/centers-and-institutes/johns-hopkins-center-for-injury-research-and-policy/education/summer_institute

In-person continuing education opportunity from the Johns Hopkins Center for Injury Research and Policy.

Northwest Center for Public Health Practice Resources

nwcphp.org/ivp-trainings

In-person trainings and archived webinars relevant to injury and violence prevention.

Safe States Alliance Training Center

safestates.org/?page=Training_Center

A searchable database of over 70 injury and violence prevention trainings that are mapped to core competencies and provide the opportunity to earn continuing education credits.

Suicide Prevention Resource Center Training Institute

sprc.org/training-institute

Collection of trainings and webinars focused on suicide prevention.

VetoViolence (Violence Education Tools Online)

vetoviolence.cdc.gov

Collection of violence prevention trainings and educational tools from the National Center for Injury Prevention & Control.

WHO TEACH-VIP E-Learning

who.int/violence_injury_prevention/media/news/2010/13_01_2010/en

An online training resource from the World Health Organization suitable for a wide range of audiences to increase knowledge of injury and violence prevention.

Innovative Program Spotlight

This section highlights programs using innovative approaches to injury and violence prevention. This list is just a sampling of many programs; it is not comprehensive and may change over time. Each program that is listed below has been chosen for excellence in up to four areas:

POLICY	This program aims to influence policy.
PRACTICE	This program aims to influence practice.
PARTNERSHIP	This program aims to establish and/or strengthen collaborative partnerships across agencies and sectors.
COMMUNITY INVOLVEMENT	This program engages community members in planning, implementation, and/or evaluation.

ADULT FALLS

Oregon Fall Prevention Program

public.health.oregon.gov/PreventionWellness/SafeLiving/FallPrevention

The Oregon Fall Prevention Program aims to reduce falls and fall injuries in older adults by linking clinical practice to evidence-based fall prevention programs in the community. The STEADI Fall Prevention Toolkit is used to help providers incorporate risk assessment and referral to prevention programs into their clinical practice. Supported evidence-based programs include: Tai Chi: Moving for Better Balance, the Stepping on Falls Prevention Program, and the Otago Exercise Program.

Areas:

- ✓ Practice
- ✓ Partnership

CHILD MALTREATMENT

WA State ACEs Public-Private Initiative

appi-wa.org

The ACEs Public-Private Initiative (APPI) is a group of private, public, and community organizations in Washington State working together to reduce children's exposure to adverse childhood experiences (ACEs). Components of the initiative include studying how communities can work across sectors to develop policies and practices to prevent ACEs and reduce their effects; translating research into practice; and promoting sustainable practices by building on existing initiatives, partnering with communities, and tracking cost savings for reinvestment.

Areas:

- ✓ Policy
- ✓ Practice
- ✓ Partnership
- ✓ Community Involvement

DROWNING

Washington State Drowning Prevention Network

seattlechildrens.org/classes-community/community-programs/drowning-prevention/about

The Washington State Drowning Prevention Network was developed in 1994 to facilitate collaboration between organizations working on drowning prevention. Network activities include life jacket loan programs, injury prevention training, water and boating safety, community education and events, advocacy, and media outreach.

Areas:

- ✓ Policy
- ✓ Partnership
- ✓ Community Involvement

DRUG OVERDOSE

Project Lazarus

projectlazarus.org

Project Lazarus works to prevent deaths from drug overdose through: community activation and coalition building, monitoring and epidemiologic surveillance, prevention of overdoses through medical education and other means, use of rescue medication to reverse overdoses by community members, and evaluation of project components. Community advisory boards play a central role in developing and designing each aspect of the intervention.

Areas:

- ✓ Policy
- ✓ Practice
- ✓ Partnership
- ✓ Community Involvement

FIREARM INJURY AND VIOLENCE

LOK-IT-UP

lokitup.org

LOK-IT-UP is a program sponsored by Public Health - Seattle & King County, the Washington State Department of Health, Seattle Children's, and Harborview Injury Prevention & Research Center that raises awareness about the importance of safe firearm storage, promotes the availability of storage devices through partnerships with retailers, and educates the public about safe storage practices and strategies.

Areas:

- ✓ Partnership
- ✓ Community Involvement

MOTOR-VEHICLE SAFETY

Target Zero

targetzero.com

Target Zero, Washington State's Strategic Highway Safety Plan, aims to reduce traffic fatalities and serious injuries to zero by 2030. It is a high-level strategic plan that sets statewide priorities for all traffic safety partners, provides a resource for potential strategies to address priority areas, and monitors outcomes at the statewide level.

Areas:

- ✓ Partnership
- ✓ Community Involvement

SEXUAL VIOLENCE

Washington State Sexual Violence Prevention Plan

wscap.org/washington-state-prevention-plan

The Washington State Sexual Violence Prevention Plan was revised by a committee of sexual violence prevention stakeholders in 2009. The overarching goal of the revised plan is to change the norms, values, beliefs and attitudes that cause sexual violence by shifting ownership of solutions from social services to the community. Strategies to attain this goal include increasing community collaborations and partnerships; training individuals, communities, and agencies in promising prevention practice; and strengthening infrastructure and program management.

Areas:

- ✓ Policy
- ✓ Practice
- ✓ Partnership
- ✓ Community Involvement

SUICIDE

Forefront

intheforefront.org

Forefront is a collaboration of the University of Washington Schools of Social Work, Communication, Nursing, and Education to advance innovative approaches to suicide prevention through policy change, professional training, campus and school-based interventions, media outreach, and support for persons affected by suicide.

Areas:

- ✓ Policy
- ✓ Practice
- ✓ Partnership
- ✓ Community Involvement

TRAUMATIC BRAIN INJURY

TBI Community of Practice (CoP)

childrenssafetynetwork.org/sites/childrenssafetynetwork.org/files/InnovativePracticesInTraumaticBrainInjuryPrevention_NoStates.pdf

The Children's Safety Network and the Traumatic Brain Injury Technical Assistance Center organized a yearlong Community of Practice to increase collaboration among state programs working in injury and violence prevention, maternal and child health, and traumatic brain injury (TBI) prevention. The Community of Practice also promoted best practices in prevention, assessment, and management of TBI. More than 100 people from fifteen different states participated through monthly webinars, a listserv, a webpage, and state-specific team meetings.

Areas:

- ✓ Policy
- ✓ Practice
- ✓ Partnership

YOUTH VIOLENCE

Seattle Youth Violence Prevention Initiative

safeyouthseattle.org

The Seattle Youth Violence Prevention Initiative promotes youth safety and prevents youth violence through coordinated, accountable community mobilization. Services include: conflict mediation, youth employment and job readiness training, street outreach, case management, anger management training, mentoring, and provision of matching grants to community programs and services.

Areas:

- ✓ Practice
- ✓ Partnership
- ✓ Community Involvement