

Improving Palauan Health Through the Lens of Health Equity

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Palau's First Health Equity Summit

- **GOAL:**
 - To provide the Palauan community with a better understanding of health equity
 - Present opportunities and available services to the Palauan Community
- **Findings:**
 - Evaluation showed that attendees have a better understanding of health disparities
 - Better understanding of health equity and ways to provide opportunities and access to health and wellness for everyone
- **Highlights**
 - First Youth Summit
 - Attended by over 100 High School Students
 - Vulnerable population panel – ageing, disability, women, and LGBTQIA+
 - Over 500 registered attendees from 10 countries/ territories/ freely-associated states



MHHS First Podcast

- Podcast is featured on ten (10) platforms: Amazon Music, Apple Podcasts, Castbox, Google Podcasts, iHeartRadio, Overcast, Pocket Casts, RadioPublic, Spotify, and Stitcher



Revamping MHHS Official Website

Ageing Policy

Children With Special Needs Survey

Disability Policy

UPCOMING PLANS:

- Health Equity Outreach
- Health Equity Indicators Dashboard



Health Equity Advisory Group

- Created to assist MHHS implement and promote throughout the ministry
- Consists of faith-based organizations, youth, foreign population, etc.
- Assisted in identifying health equity indicators

Health Equity Indicators

- Identify where the gaps in our services are to the vulnerable populations
- Data collected could be used as reference for the rest of the ministry and/ or the public, assist making policies

| Proposed Subpopulations | Proposed Indicators |
|---------------------------------------|---|
| People who are non-Palauan/Palauan | % of Palauans age 18 and older who reported fair/poor health in the past 30 days % of non-Palauans age 18 and older who reported fair/poor health in the past 30 days |
| People who are non-Palauan/Palauan | % of Palauans age 18 and older who visited the doctor in the past 12 months % of non-Palauans age 18 and older who visited the doctor in the past 12 months |
| People who are non-Palauan/Palauan | % of Palauans age 18 and older who visited the dentist in the past 12 months % of non-Palauans age 18 and older who visited the dentist in the past 12 months |
| People who live/do not live in Koror | Average time in days to primary care providers for people who live in Koror Average time in days to primary care providers for people who do not live in Koror |
| People who do not live in Koror | % of people age 18 and older who live in Koror who visited a dentist in the past 12 months % of people age 18 and older who do not live in Koror who visited the dentist in the past 12 months |
| People in poverty | Average time in days to primary care providers for people who live in poverty Average time in days to primary care providers for people who live at or below 200% of the poverty guidelines |
| People in poverty | Average time in days to primary care providers for people who live over 200% of poverty guidelines ALTERNATIVE – COULD BE USED FOR ALL INDICATORS THAT FOCUS ON AVERAGE DAYS TO PCPS For people who live at or below 200% of the poverty guidelines For people who live over 200% of poverty guidelines |
| People with functional needs | Average time in days to primary care providers for people who have access to transportation Average time in days to primary care providers for people who do not have access to transportation |
| People with functional needs | % of people with functional needs who visited the dentist in the past 12 months % of people without functional needs who visited the dentist in the past 12 months |
| Youth: People age 0 to 24 years old | % of children age 9 to 20 using betel nut |
| Youth: People age 0 to 24 years old | % of children age 9 to 20 using cigarettes |
| Youth: People age 0 to 17 years old | % of youth age 17 or younger who visited a doctor in the past 12 months |
| Youth: People age 0 to 17 years old | % of youth age 17 or younger who visited a dentist in the past 12 months |
| Youth: People age 0 to 17 years old | % of youth age 17 or younger who report being overweight |
| Youth: People age 9 to 20 years old | % of residents age 9 to 20 who are engaged in their community |
| Older Adults: People age 55 and older | % of residents age 55 and older working to improve their neighborhood/community |
| LGBTQ+ adults | % of LGBTQ+ people age 18 and older who report feeling down, depressed in the last 2 weeks % of non-LGBTQ+ people age 18 and older who report feeling down, depressed in the last 2 weeks |
| LGBTQ+ - Youth (9-20 years old) | % of LGBTQ+ people age 9 to 20 who report feeling down, depressed in the last 2 weeks % of non-LGBTQ+ people age 9 to 20 who report feeling down, depressed in the last 2 weeks |
| LGBTQ+ | % of LGBTQ+ people age 18 and older who visited a dentist in the past 12 months % of non-LGBTQ+ people age 18 and older who visited a dentist in the past 12 months |

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| Gender | % of male residents age 18 and older who reporting being overweight/obese in the last 12 months % of female residents age 18 and older who reporting being overweight/obese in the last 12 months |
| Gender | % of male residents age 18 and older who visited a doctor in the past 12 months % of female residents age 18 and older who visited a doctor in the past 12 months |
| Gender | % of male residents age 18 and older who visited a dentist in the past 12 months % of female residents age 18 and older who visited a dentist in the past 12 months |
| People with public insurance | % of people age 18 and older with public insurance |
| People with mental health diagnoses | % of people with a mental health diagnosis who have seen a doctor in the last 12 months |
| People whose primary language is not English | % of patients best served in a language other than English |
| Equity initiatives | # of sectors participating in MHHS events each year (SDG sectors) |
| Equity initiatives | TBD measure of social media reach to subpopulations |